

Governments say get ready. Here's your 3-to-10-day setup

- 1 Plan 3 to 10 days.** FEMA (Ready.gov) says several days. The UK and EU ask for at least 3. Germany suggests up to 10. Start with 3, build to 10.
- 2 Water bank.** 1 gallon per person per day. A family of 4 for 10 days needs 40 gallons. Use food-grade containers only, sealed, cool and dark.
- 3 Rotate and treat.** Replace self-filled water every 6 months. Treated city tap water needs nothing added. Otherwise use unscented household bleach at the CDC dose.
- 4 Dehydrated food.** Light, stores for years, needs no fridge. Count extra water to rehydrate it. Add food that needs no cooking.
- 5 Power bridge.** Run a small gas inverter generator outdoors only, at least 20 feet from doors and windows, to recharge a battery power station.
- 6 Indoors on battery.** The power station runs lights, phones, a radio and a fan safely inside. No fumes, no noise.

Go deeper: Survival Prep: Surviving the First 30 Days After a Disaster

View on Amazon: <https://www.amazon.com/dp/B0DJJBHC7B>

Sources:

Ready.gov: Build a kit - <https://www.ready.gov/kit>

Ready.gov: Water - <https://www.ready.gov/water>

CDC: Create an emergency water supply - <https://www.cdc.gov/water-emergency/about/how-to-create-and-store-an-emergency-water-supply.ht>

Ready.gov: Power outages - <https://www.ready.gov/power-outages>